



## GONDWANA UNIVERSITY, GADCHIROLI

(Established by Government of Maharashtra Notification No. MISC -2007/(322/07) UNI -4  
Dated 27<sup>th</sup> Sept. 2011 State University Governed by Maharashtra University Act, 1994 )

### OFFICE OF THE PHYSICAL EDUCATION

**PROF. S. V. KOHALE**

DIRECTOR

PHYSICAL EDUCATION

No. Phy. Edu./ 022 /2016

MIDC Road, Complex, GADCHIROLI – 442 605 (M.S)

☎ 07132-223104/ 223109 Fax : 07132-223104

Email : sukhdevkohale@rediffmail.com

Date:- 27 / 06 / 2016

To,

All Affiliated Colleges,  
Gondwana University,  
Gadchiroli.

**Subject :- Regarding Entries of Sports and Games ,in Inter Collegiate Tournament /  
Competition 2016– 2017.**

R/Sir,

It is just bring to your kind notice that the organization of Games & Sports will be held in the first week of August 2016.

Therefore send your college Entries in prescribed proforma, with entry fees. First year and second year Degree and post Graduation Degree college students are eligible to participate in the tournaments /competition . The Colleges those are participating in different events can enrolled by cash or Demand Draft in the name of Finance and Account officer Gondwana University, Gadchiroli before 25<sup>th</sup> July 2016.

**Note :-**

- 1) The Team member or students participating in Inter collegiate tournaments awarded 10 Marks as an incentive (credit) Marks.
- 2) Teams/Competitor Secured 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place awarded 15 Marks.
- 3) Players selected in Inter University teams awarded 25 Marks as an incentive marks.
- 4) There will be no competition /Tournaments if the No. of Entries of the teams will be Less than 6 teams.

You are therefore requested to send your college teams in maximum number.

Thanking You.



Director

Physical Education  
Gondwana University  
Gadchiroli.

PTO



# GONDWANA UNIVERSITY, GADCHIROLI

## DEPARTMENT OF PHYSICAL EDUCATION

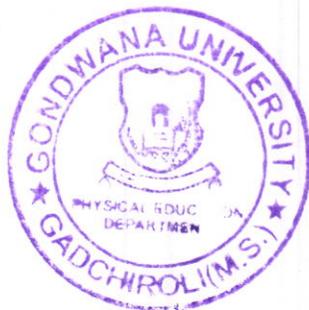
Add: MIDC Road, Complex, Gadchiroli-442605

Ph.No. /Fax no. 07132-223104,223109.

A-1

### LIST OF EVENTS & ENTRY FESS.

Sr. No.	Events	Entry Fess	
		Men Rs.	Women Rs.
1	ATHLETICS	300=00	300=00
2	BASKET BALL	250=00	250=00
3	BADMINTON	250=00	250=00
4	BOXING	300=00	300=00
5	BALL BADMINTON	250=00	250=00
6	BEST PHYSIQUE	250=00	-----
7	CRICKET	300=00	300=00
8	CHESS	250=00	250=00
9	CROSS COUNTRY	250=00	250=00
10	FOOT BALL	300=00	300=00
11	HOCKEY	300=00	300=00
12	HAND BALL	250=00	250=00
13	HALF MARATHONS	250=00	250=00
14	JUDO	250=00	250=00
15	KABADDI	250=00	250=00
16	KHO-KHO	250=00	250=00
17	KORF BALL(MIX)	250=00	-----
18	MALKHAMB	250=00	-----
19	SWIMMING	300=00	300=00
20	TABLE TENNIS	250=00	250=00
21	LAWN TENNIS	300=00	-----
22	VOLLEY BALL	250=00	250=00
23	WRESTLING	250=00	250=00
24	WEIGHT LIFTING	250=00	250=00
25	POWER LIFTING	250=00	250=00
26	FENCING	300=00	300=00
27	WALKING 20 KM.(MEN)	250=00	-----
28	YOGASAN	250=00	250=00
29	TUG OF WAR	300=00	300=00
30	SEPAK TAKARAW	300=00	300=00
31	5 KM. WALKING (WOMEN)	-----	300=00
32	ARCHERY	300=00	300=00
33	SOFT BALL	300=00	300=00
34	NET BALL	300=00	300=00
35	BASE BALL	250=00	250=00
36	IN.HOCKEY	300=00	300=00
37	WRESTLING (GRECO ROMAN STYLE)	250=00	250=00
38	LATE FEE (PER EVENT)	200=00	200=00



Director

Physical Education

Gondwana University, Gadchiroli.



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MIDC Road, Complex, GADCHIROLI - 442 605 (M.S)

### OFFICE OF THE PHYSICAL EDUCATION

**Director**

Prof.S.V.Kohale

Mo. 9850388570

sukhdevkohale@rediffmail.com



07132-223104/ 223109 Fax : 07132-223104

No. Phy. Edu./ 019 / 2016 -17

Date:- 27 / 06 / 2016

To ,

All Affiliated Colleges,  
Gondwana University,  
Gadchiroli.

**Subject :- Annual Sports Calendar of Inter Collegiate Games & Sport for the year  
2016-2017.**

R/ Sir,

As per the established practice the annual sports calendar of Inter collegiate university Games & Sports 2016-2017 will be finalized in the meeting of The Board of Physical Education and Recreation Gondwana University, Gadchiroli proposed to be held tentatively in the last week of July 2016 .

You are therefore ,requested to send proposal (S) field in prescribed proforma on the reverse duly field and authenticated by the Principal of the college, for hosting sporting competition at your campus.

If interested the proposal (S) completed in all respect may be submitted to the Dept. of Physical Education latest by 25<sup>th</sup> July 2016 positively ,failing which no claim will be entertained thereafter.

We would appreciate an early action in this regard .

Thanking You.



( Prof. S.V. Kohale )

Director

Physical Education

Gondwana University, Gadchiroli



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## OFFICE OF THE PHYSICAL EDUCATION

**Director**

Prof.S.V.Kohale  
Mo. 9850388570

sukhdevkohale@rediffmail.com



07132-223104/ 223109 Fax : 07132-223104

No. Phy. Edu./ 020 / 2016 -17

Date:- 27 / 06 / 2016

### Proforma for Collecting Necessary Information from colleges while Inviting Proposals for Hosting Inter Collegiate Tournaments for the year 2016-2017.

1. Name of the College -----
2. Proposal for Tournament -----  
( Separate Proposal for each events) -----
3. Zone - (Full/ Zone) -----
4. Section - (Men/Women) -----
5. Details of sporting infrastructure available in the college.
  - Play Grounds ( Ready for Tournament) -----
  - Athletics Track -----
  - Gymnasium Hall -----
  - Swimming Pool -----
6. Please give specifications of each Available facility -----
7. Source of Officiating Officials ,Umpires Referees ,Judges and Scorers -----
8. Details of proposed accommodation For the participating teams & officials -----
  - Men Teams -----
  - Women Teams -----
  - Accompanying officials -----
9. Description of food arrangements for participating teams and officials -----

Dated :-----

Place :-----

Signature  
HOD Physical Education Dept.

Signature  
Principal



## **GONDWANA UNIVERSITY, GADCHIROLI**

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### **OFFICE OF THE PHYSICAL EDUCATION**

**PROF. S. V. KOHALE**

DIRECTOR

PHYSICAL EDUCATION

No. Phy. Edu./021 /2016

MIDC Road, Complex, GADCHIROLI – 442 605 (M.S)

☎ 07132-223104/ 223109 Fax : 07132-223104

Email : sukhdevkohale@rediffmail.com

Date:- 27 / 06 / 2016

To,  
The Principal  
All Affiliate Colleges,  
Gondwana University,  
Gadchiroli.

**Subject :- Regarding Nomination on selection Committees/Manager/ Coach for the session 2016 -17 .**

Sir / Madam,

As per the relevant Rule No IX (4) of Hand Book of Rules and Regulations for the Inter Collegiate/ Inter University tournament, College sending its team to participate in Inter Collegiate and tournament , shall appoint full time Employee responsible male or female Prof/Coach as manager of the team.

You are therefore, requested to nominate only Accredited Representative ( Coach, Manager) to accompany your teams / Athletes for participation .in different Levels of Game & Sport 2016-2017 for smooth conduct of sporting events.

Please send ,information of your college Lecturer in Physical Education in dully filled in proforma. Under No Circumstances name of your college Lecturer is nominated on the selection Committee & Manager/Coach of the University team shall be Cancelled ,this is for your kind information and necessary action.

This may Please be treated as most important.

Thanking You.



(Prof. S.V. Kohale)

Director

Physical Education

Gondwana University Gadchiroli.





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## OFFICE OF THE PHYSICAL EDUCATION

**Director**

Prof.S.V.Kohale  
Physical Education

MIDC Road, Complex,GADCHIROLI – 442 605 (M.S)

☎ 07132-223104/ 223109 Fax : 07132-223104

Email : sukhdevkohale@rediffmail.com,directorsportsgondwanauni@gmail.com

No. Phy. Edu./ 023 /2016

Date:- 27 / 06 / 2016

### CIRCULAR

To,

The Principal  
All Affiliate Colleges,  
Gondwana University, Gadchiroli.

**Subject :- Conduct of Physical Education Classes for the College Students.**

Sir / Madam,

This is to inform you that all under-Graduates students in all faculties except exempted as per provisions made there in ordinance No. 3 of the University who opt for physical education, should attend Physical Education Periods Thrice a Week as per provisions made in the Ordinance No. 3 Physical education Classes shall commence from 1<sup>st</sup> August and continue up to 31<sup>st</sup> January, every year.

Every students shall attend a minimum of 60 periods in a session and each period of Physical Education shall be of 30 Minutes Duration. They should attend such classes in proper uniform. The Lecturer in Physical Education should maintain Regular Attendance Registers and Dairies showing details of the work done throughout the session and submit them to the Principal of the college for inspection.

Regular Physical Education classes be conducted by the Lecturer in Physical Education of the college so that students achieve the university standard prescribed for the Physical Efficiency Test. These classes shall be conducted every day morning and or in the Evening in batches of not more than sixty (60) students. Attendance at these classes shall be compulsory and subject to the discipline of the college.

Principal is requested to forward a copy a Time Table of Physical Education Classes of current year to this office positively and follow the provisions made in the Ordinance No. 3. of the university.

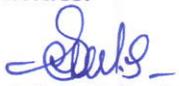
Annual Physical Efficiency Test shall be conducted in every college in the month of January 2017 and Results, Reports concerning annual Physical Efficiency Test should be forwarded to the undersigned by the 10<sup>th</sup> February 2017 for information and such action as it may deem necessary by the Board of Physical Education.

The College shall make all arrangements for the conduct of Physical Efficiency Test and also provide all the facilities for promoting Physical Education, Game & Sports for students (Adequate Play Ground, Equipment, Gymnasium, Journals book etc., ) and it is desired that each college must participate in at least 6 games in Inter Collegiate Tournaments conducted by the University every years.

As per Ordinance No. 3 of the university total amount collected for games and sports, Gymnasium, Physical Efficiency Test should be spent for those purpose only.

Your co-operation is earnestly solicited in organizing various programme of Physical Education Games and Sports for the students as to create awareness regarding Health & Fitness amongst them and to encourage students to participate in the Physical Education & Sports activities.



  
(Prof. S.V. Kohale)

Director

Physical Education

Gondwana University Gadchiroli.

Note :- Norms for Physical Efficiency Test for Men & Women are given back. on page No. 2.

**GONDWANA UNIVERSITY, GADCHIROLI.**  
**DEPARTMENT OF PHYSICAL EDUCATION**  
**NORMS FOR PHYSICAL EFFICIENCY TEST FOR MEN & WOMEN.**

Sr. No.	Factors	Events		Time/Distance		Marks.
		Men	Women	Men	Women	
01	Speed	100 Mtrs.Run	75 Mtrs.Run	From 16 sec.To 11sec	From 14 sec.To 9.5sec	0-100
02	Agility	Long Jump or High Jump	Long Jump	From 10-20 ft. From 3.6 to 5ft.	From 7.6 to 15 feet.	0-100
03	Endurance	800 Mtrs.	Skipping	From 3.30 Sec.	From 100 Jumps (in two Minutes	0-100
04	Strength	Dand & Baithakas or Surya Namskar	Sit ups Or Surya Namaskar	From 20-40 To 75-100 Or From 12-48	From 5 to 20 In one minutes or From 10 to 30	0-100
05	Skill & Strength	Shot Put (16lbs)	Shot Put (8 lbs)	From 11 to 36 ft.	From 14 to 25 ft.	0-100
06	Suppleness – ASANAS i) Sarvangasan – Men & Women ii) Paschimothanasan – Men & Women iii) Halasan - Men & Women iv) Padmasan - Men & Women v) Dhanurasan - Men & Women vi) Shalbhasan - Men & Women vii) Matsyasan - Men & Women viii) Shavasana - Men & Women ix) Shirasana – for men x) Mayurasana – For men xi) Tolasana – For women xii) Bhujangasana – For Women		Sarvangasan & Shavasana are compulsory Asanas for both Men & Women and any three from the remaining eight as students choice.		Total	100

For compulsory Asanas – 25 Marks.	0-50
For Students Choice - 10 Marks	0-30
General Impression - 20 Marks.	0-20
<b>Total - 100 Marks.</b>	<b>Total 100</b>

**CLASSIFICATION – TABLE**

Distinction in any item – 90% and above . But a candidate must obtain 50% in other items.

A – Grade -70 percent & above

B- Grade -50 percent & above

**CLASSIFICATION OF REMUNERATION / EXTERNAL EXAMINER / INTERNAL EXAMINER**

01	FROM THE SAME TOWN ( External Examiner )	Rs. 2/- per students subject to a minimum of Rs. 200/- plus. Rs. 30/- per session as conveyance allowance at District place and Rs. 20/- per session at all other place.
02	Internal Examiner	Rs. 2/- per students to a minimum of Rs. 200/- for an examination. Rs. 30/- per session conveyance allowance at District place and Rs.20/- per session at all other place per session.
03	REMUNERATION TO HELPER	Rs. 50/- per head as conveyance allowance shall be paid to helpers. Rs.30/- per day as incidental charges (Chalk, Daily Allowance to clerk. peon etc) may be borne by the college.



*(Signature)*  
 (Prof. S.V. Kohale)  
 Director  
 Physical Education  
 Gondwana University Gadchiroli.



# GONDWANA UNIVERSITY, GADCHIROLI

## DEPARTMENT OF PHYSICAL EDUCATION

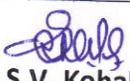
Add: MIDC Road, Complex, Gadchiroli-442605

Ph.No. /Fax no. 07132-223104,223109.

### LIST OF EVENTS

1	ATHLETICS	Men	Women
2	BASKET BALL	Men	Women
3	BADMINTON	Men	Women
4	BOXING	Men	Women
5	BALL BADMINTON	Men	Women
6	BEST PHYSIQUE	Men	Women
7	CRICKET	Men	-----
8	CHESS	Men	Women
9	CROSS COUNTRY	Men	Women
10	FOOT BALL	Men	Women
11	HOCKEY	Men	Women
12	HAND BALL	Men	Women
13	HALF MARATHONS	Men	Women
14	JUDO	Men	Women
15	KABADDI	Men	Women
16	KHO-KHO	Men	Women
17	KORF BALL(MIX)	Men	Women
18	MALKHAMB	Men	-----
19	SWIMMING	Men	-----
20	TABLE TENNIS	Men	Women
21	LAWN TENNIS	Men	Women
22	VOLLEY BALL	Men	-----
23	WRESTLING	Men	Women
24	WEIGHT LIFTING	Men	Women
25	POWER LIFTING	Men	Women
26	FENCING	Men	Women
27	WALKING 20 KM.(MEN)	Men	Women
28	YOGASAN	Men	-----
29	TUG OF WAR	Men	Women
30	SEPAK TAKARAW	Men	Women
31	5 KM. WALKING (WOMEN)	-----	Women
32	ARCHERY	Men	Women
33	SOFT BALL	Men	Women
34	NET BALL	Men	Women
35	BASE BALL	Men	Women
36	IN.HOCKEY	Men	Women
37	WRESTLING (GRECO ROMAN STYLE)	Men	Women



  
(Prof. S.V. Kohale)

Director

Physical Education & Sports

Gondwana University Gadchiroli.

# GONDWANA UNIVERSITY GADCHIROLI

M.I.D.C. ROAD GADCHIROLI- 442605

Session 2016-17

## ELIGIBILITY PROFORMA FOR INTER-COLLEGE TOURNAMENTS

Name of the Tournament \_\_\_\_\_ Section \_\_\_\_\_ Name of the Manager Prof/ Dr. \_\_\_\_\_ His/ Her status...  
 Name of the participating College \_\_\_\_\_

Sr. No	Full Name	Father's Name	Mother's Name	College in which Studying	Date of Birth	Date & Year of Passing Qualifying Examination for First Admission to a College/ University		Present Class	Name of the Present Course	Duration of Course	Date & Year of First Admission		Number of Years of Previous participation while pursuing		Remark
						Name of Exam	Date & Year				University	Present Course	Graduate Course	PG Course	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
2															
3															
4															
5															
6															
7															
8															
9															
10															
11															
12															
13															
14															
15															
16															

Certified that the above particulars are true as per records of the College  
 Certified that the above players are not employed on full time basis.

Date

Signature of H.O.D.

:Lect.Phy.Edu.

Seal of the College

Signature of the Principal.